

HydraFacial™

Pre & Post Care



BEFORE YOUR TREATMENT:

- Discontinue use of Isotretinoin for 1 year (Sotret, Claravis, Amnesteem, and Accutane)
- Discontinue use of topical prescriptive medications for 48 hours (Retin-A, Tazorac, Dierin, Epiduo, Ziana)
- Refrain from any type of exfoliating treatment(s) (glycolic, enzymes) to the area of treatments for 48 hours.
- Refrain from any Medium/Deep chemical resurfacing and laser treatments for 1 month
- Refrain from waxing and use of depilatories for 48 hours
- Discontinue use of OTC acne medication (Benzoyl Peroxide, Salicylic) for 72 hours
- If you are prone to cold sores, Hydrafacial may cause a breakout; ask your doctor for a prophylactic treatment such as Valtrex
- Avoid sun tanning or tanning creams/lotions for at least 72 hours
- Refrain from any injections (Dysport, Juvederm) for at least 2 weeks. Botox at least 5 days
- The above is a guideline and not exclusive. The day of your appointment a full consultation will be provided. However, feel free to contact us with your concerns if in doubt about whether you are a candidate for this.

AFTER YOUR TREATMENT:

- Avoid sunbathing for at least 48 hours (although, we recommend this indefinitely) to prevent UV rays from damaging your skin which slows down the benefits of Hydrafacial.
- Patients who absolutely cannot avoid sun exposure should use a broad-spectrum sunscreen with an SPF of 30 or higher and use an antioxidant serum daily to maintain your improved skin
- Injections can be resumed in 24 hours
- Waxing and depilatories can be resumed in 48 hours
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hours
- If you do not need make up for the rest of the evening of treatment, wait until the next morning
- Topical prescriptive medications can be resumed in 48 hours
- OTC acne medications may be resumed in 48 hours
- Optimum results can only be achieved if you follow the take-home regimen prescribed by your esthetician
- The above is a guideline and not exclusive. Please contact us with any questions or concerns

CONTRAINDICATIONS OR PRECAUTIONS

- Pregnancy/Breastfeeding
- Accutane (if used within the last year)
- Autoimmune Diseases (Lupus, scleroderma, HIV, etc.)
- Please refrain from any exfoliating treatments, (retin-a, etc.) to the area 48 hours prior to the treatment
- Cold Sores- If prone use medications 2 days prior, during and after treatment
- Post Botox (wait 5 days) Post Fillers (wait 2 weeks)
- Please ask about any known product ingredient sensitivities to shellfish, seaweed, etc.

